

THE
FOREST x greens
BY Wyl's

Scotch Egg

Kale, Pea Shoots, Red Radish,
Mushroom Duxelle

Kale MicroGREENS: Highly loaded with Antioxidants, Beta-Carotene, Flavonoids, Polyphenols, Vitamin C & K

Pea Shoots MicroGREENS Rich source of Vitamin C & Vitamin A, contains the right amount of dietary fiber, high in antioxidants, folate, and carotene

Red Radish MicroGREENS: High in Vitamin C

Balsamic Glazed Beef

Roasted Cauliflower Puree, Puy
Lentils, Spinach, Green Radish

Green Spinach MicroGREENS: Loaded with Vitamin C, Beta-carotene, Vitamin E & K

Green Radish MicroGREENS: High in Vitamin C

Caramelia

Javanese Vanilla Cream, Florentines
Of Seeds, Red-veined Sorrel

Red Sorrel MicroGREENS: High amounts of vitamin C and several B vitamins, in addition to calcium, potassium, magnesium, a small amount of phosphorus and antioxidants.

House Drinks

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