

*Caribbean & Hakka - Chinese Cuisine*



**TROPICAL ESCAPE**

**FUSION RESTAURANT & LOUNGE**

Dine in - Take Out - Catering - LLBO

[WWW.TROPICALESCAPE.CA](http://WWW.TROPICALESCAPE.CA)



## Soup

<b>Wonton Chicken Shrimp</b>	6 1/2
<b>Chicken Corn</b>	7
<b>Vegetable Soup</b>	6 1/2
<b>Hot &amp; Sour Soup</b>	5
<i>(Chicken &amp; Shrimp)</i>	7 1/2

## Appetizers

<b>Golden Chicken Wings</b>	14 1/2
<i>Deep fried to a golden crisp of perfection</i>	
<b>Hot &amp; Saucy Chicken Wings</b>	15 1/2
<i>Sautéed in a spicy flavorful sauce with sweet peppers</i>	
<b>Escape Dry Spicy Wings</b>	15 1/2
<i>Golden wings tossed with fresh hot chillies, garlic, onions &amp; sweet peppers</i>	
<b>Buffalo BBQ Wings</b>	15 1/2
<i>Everyone loves the addictive classic flavourful blend</i>	
<b>Honey Garlic Wings</b>	15 1/2
<i>One of the most savoury flavour combination of all time</i>	
<b>Fried Wontons</b>	12 1/2
<i>A Dozen stuffed Chicken Wontons fried to crispy delight</i>	
<b>Jerk Wontons</b>	14 1/2
<i>A Dozen stuffed Jerk Chicken Wontons fried to perfection</i>	
<b>Escape Spicy Shrimp</b>	17 1/2
<i>Succulent king size Shrimp lightly battered then tossed with fresh hot chillies, garlic, onions &amp; sweet peppers</i>	
<b>Spring Rolls (5 pcs)</b>	5
<i>Crisp cabbage, carrots fresh herbs and vermicelli noodles</i>	
<b>Crispy Fish</b>	14 1/2
<i>Fillet pieces lightly battered then deep-fried to perfection</i>	
<b>Escape Spicy Chicken</b>	15 1/2
<i>Seasoned boneless Chicken lightly battered tossed with fresh hot chillies, garlic, onions &amp; sweet peppers</i>	
<b>Sweet &amp; Sour Chicken</b>	15 1/2
<i>They are so uniquely delicious it is hard to describe</i>	
<b>Jerk Chicken</b>	13
<i>Two Quarters seasoned in our fiery marinade then grilled to perfection</i>	
<b>Escape Spicy Calamari</b>	15
<i>Seasoned Squid lightly battered tossed with fresh hot chillies, garlic, onions &amp; sweet peppers</i>	
<b>Chicken Balls</b>	15 1/2
<i>Chicken in a delicate batter topped with sweet &amp; sour sauce</i>	
<b>Fish Cakes</b>	6 1/2
<i>Tender flakes of fish with a blend of potato &amp; fresh spices fried until golden</i>	



## House Specials

**BBQ Duck** 20

*This dish will plunge you into Asia!!! With its exquisite flavours that will make your taste buds tingle*

**Half Roast Chicken** 16 1/2

*Tender & tasty roasted chicken with delicious flavor & crispy skin that makes it everybody's favorite*

**NEW**

**Spicy Half Roast Chicken** 17 1/2

*Chicken tossed with fresh hot peppers, garlic & sweet peppers*

**Pepper Shrimp** 17 1/2

*Luscious Shrimp sautéed in a fiery flavorful sauce with sweet peppers*

**NEW**

**Chili Chicken** 15 1/2

*Boneless Chicken sautéed in our famous hot chili sauce*

**Tropical Pepper Lamb** 17 1/2

*Tender slices of Lamb sautéed in a fiery sauce with sweet peppers & onions*

**Escape Spicy Tofu** 13

*Tossed with fresh hot peppers, garlic & sweet peppers*

**Jerk Chicken Rice n Peas** 12 1/2

*Seasoned in our famous home made Jerk sauce then grilled to perfection, served with our traditional rice & peas*

**Escape Chili Fish** 14 1/2

*Fresh fillets pieces lightly battered then fried with fresh hot chilies, garlic, onions & sweet peppers*

**NEW**

**Manchurian Chicken** 15 1/2

*Savoury boneless pieces of battered Chicken which is infused in a spicy sweet sauce*

**Chicken Curry** 14 1/2

*One of the most flavourful of all sauces in existence it's a delight to the senses, served with Roti or Steamed rice*

**Goat Curry** 16 1/2

*Its rich aroma and complex texture makes it's a perfect choice to be served with Roti or Steamed Rice*

**NEW**

**Grizzle Pepper Chicken** 15 1/2

*Highly addictive chef's secret recipe of flavourful boneless Chicken with a touch of heat makes it a must try*

**NEW**

**General Tao Chicken** 15 1/2

*Boneless Chicken in a sweet tangy & spicy glaze-like sauce*

## Side Dishes

**Steam Rice** 4 1/2

**Dhalpouri** (Roti with Split Peas) 5

**Rice n Peas** 7 1/2

**French Fries** 5 1/2

**NEW**

**Pepper Fries** 7 1/2





## Fried Rice Entrée

<b>NEW</b>	<b>Manchurian Chicken Fried Rice</b>	<b>14</b>
	<i>Indo-Chinese style fried rice fused together with ginger, garlic, onion, chili peppers</i>	
	<b>Jerk Chicken Fried Rice</b>	<b>15</b>
	<i>Delicious Chicken wok-fried in our rice &amp; topped with a quarter Leg of our famous Jerk Chicken</i>	
<b>NEW</b>	<b>Lamb Fried Rice</b>	<b>15 1/2</b>
	<i>Tender slices of Lamb wok-fried in our tasty rice</i>	
	<b>Vegetable Fried Rice</b>	<b>11 1/2</b>
	<i>Cabbage, carrots, bora &amp; peas wok-fried in our tasty rice</i>	
	<b>Special Chicken Fried Rice</b>	<b>14</b>
	<i>Delicious Chicken wok-fried in our tasty rice &amp; topped with a succulent quarter leg</i>	
	<b>Spicy Shrimp Fried Rice</b>	<b>16</b>
	<i>Succulent Shrimp lightly breaded and tossed with fresh hot pepper, onions &amp; sweet peppers wok-fried in our tasty rice</i>	
	<b>Shrimp Fried Rice</b>	<b>14 1/2</b>
	<i>Plump shrimp wok-fried in our tasty rice</i>	
<b>NEW</b>	<b>Tropical Fried Rice</b>	<b>15 1/2</b>
	<i>A delightful combination of Lamb, Chicken &amp; Shrimp wok-fried in our tasty rice</i>	
<b>NEW</b>	<b>Young Chow Fried Rice</b>	<b>14 1/2</b>
	<i>Authentic Chinese style fried rice with a combination of Chicken, Egg &amp; Shrimp to give truly a traditional flavor</i>	
	<b>Add Quarter Leg of Roast Chicken</b>	<b>4 1/2</b>
	<b>Add Quarter Leg of Jerk Chicken</b>	<b>5 1/2</b>

## Vegetable Entrée

<b>Mix Vegetables</b>	<b>12 1/2</b>
<b>Mix Vegetables &amp; Shrimp</b>	<b>15 1/2</b>
<b>Mix Vegetables &amp; Chicken</b>	<b>14 1/2</b>
<b>Mix Vegetables &amp; Tofu</b>	<b>14 1/2</b>
<b>Shrimp &amp; Broccoli</b>	<b>16</b>
<b>Chicken &amp; Broccoli</b>	<b>15</b>



## Chow Mein Entrée

<b>NEW</b>	<b>Hakka Chicken Chow Mein</b>	<b>15</b>
	<i>Delicious strips of Chicken in our most popular Indo-Chinese dish with its colourful vegetables and savoury taste</i>	
<b>NEW</b>	<b>Jerk Chicken Chow Mein</b>	<b>16</b>
	<i>Chicken strips wok-seared with soft noodles topped with a quarter leg of our famous Jerk Chicken</i>	
<b>NEW</b>	<b>Lamb Chow Mein</b>	<b>16 1/2</b>
	<i>Tender slices of Lamb wok-seared with soft noodles, cabbage &amp; carrots</i>	
	<b>Special Chicken Chow Mein</b>	<b>15</b>
	<i>Flavorful strips of Chicken wok-seared with soft noodle, cabbage &amp; carrots then topped with a succulent quarter leg</i>	
	<b>Shrimp Chow Mein</b>	<b>15 1/2</b>
	<i>Lusciously seasoned Shrimp wok-seared with soft noodles, cabbage &amp; carrots</i>	
<b>NEW</b>	<b>Hakka Veggie Chow Mein</b>	<b>13 1/2</b>
	<i>Indo-Chinese style low mein fused together with giner, garlic, onions &amp; chilli peppers</i>	
	<b>Vegetable Chow Mein</b>	<b>12 1/2</b>
	<i>Fresh garden Vegetables wok-seared with soft noodles</i>	
<b>NEW</b>	<b>Tropical Chow Mein</b>	<b>16 1/2</b>
	<i>Tantalizing combination of Lamb, Chicken &amp; Shrimp wok-seared with soft noodles, carrots &amp; cabbage</i>	
	<b>Add Quarter Leg of Roast Chicken</b>	<b>4 1/2</b>
	<b>Add Quarter Leg of Jerk Chicken</b>	<b>5 1/2</b>

## Low Mein Entrée

<b>NEW</b>	<b>Lamb Low Mein</b>	<b>17 1/2</b>
	<i>Luscious slilces of Lamb with fresh Asian vegetables in our savory sauce topped on a bed of soft noodles</i>	
	<b>Special Chicken Low Mein</b>	<b>16</b>
	<i>Tasty strips of Chicken with fresh Asian vegetables in savory sauce topped on a bed of soft noodles with quarter leg</i>	
	<b>Shrimp Low Mein</b>	<b>16 1/2</b>
	<i>Succulent Shrimp with fresh Asian vegetables in our savory sauce topped on a bed of soft noodles</i>	
<b>NEW</b>	<b>Tropical Low Mein</b>	<b>17 1/2</b>
	<i>Combination of Lamb, Chicken &amp; Shrimp w/ fresh Asian vegetables in our savory sauce topped on a bed of soft noodles</i>	
	<b>Vegetable Low Mein</b>	<b>13 1/2</b>
	<i>Luscious fresh Asian Vegetables in our savory sauce topped on a bed of soft noodles</i>	
	<b>Add Quarter Leg of Roast Chicken</b>	<b>4 1/2</b>
	<b>Add Quarter Leg of Jerk Chicken</b>	<b>5 1/2</b>

## Combination Plates

A. Chicken Wings, Chicken Fried Rice & Chicken Chow Mein 14 1/2

B. Vegetable Fried Rice & Vegetable Chow Mein 12

**NEW** C. Sweet Sour & Chicken & Steam Rice 14 1/2

D. Chicken Wings & Fries 13 1/2

**NEW** E. Chili Chicken & Steam Rice 14 1/2

**NEW** F. General Tao Chicken & Steam Rice 14 1/2

Substitute Steam Rice for Vegetable Fried Rice 2

Substitute Steam Rice for Chicken Fried Rice 3

## **NEW** Family Meal Deal

Mini Tray of Chicken Fried Rice, 4 Quarter  
Legs of Roast Chicken & 10 Spring Rolls 40

## BEVERAGE

Island Soda 2 1/2

Coke, Gingerale, Sprite, Diet Coke 2

Coor's Light, Budweiser, Labatt Ice 6

Stag, Heineken, Corona, Stella Artois 7



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