

MINDFUL EATING

organic
natural
free-range
home-made
passion

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Rice Meals

served w/ pink rice & side dish

Sisig	P195
Tocino & egg	P195
Garlic bangus belly	P195
Smoked mackerel	P195
Burger steak	P195
Lechon kawali	P225
Pan grilled chicken	P225
WN Fried Chicken	P225
Smoked bangus	P225
Beef tapa & egg	P225

Omelet

with pink rice or ciabatta

Spinach	P180
Vegetable	P180
Baby bangus	P195
Dulong	P195
Tinapang bangus	P195



Drinks

Peppermint tea	P85
Green tea	P85
Vanilla-lemongrass	P95
Honey-lemon	P120
Kefir fruit smoothie	P140
Pineapple-cucumber	P140
Tsokolate batirol	P100
Cordillera coffee	P100
East Timor decaf*	P130

*water processed



Sandwiches

Egg salad	P100
Kesong puti & cranberry	P125
Spanish style bangus	P150
Chunky chicken	P160
Bacon, lettuce & tomato	P160
Hamburger	P1605
Cheeseburger	P185
Well Nest Clubhouse	P250

Pasta

Pesto & almonds	P180
Agliao olio	P180
Aligue	P195
Pomodoro	P195
Carbonara	P195
Bolognese	P225
Carbonara & herbed chicken	P225



Vegetarian

Garden greens salad	P115
Nut cheese panini	P195
Vegechon kawali	P195

Thinking
of a
special,
healthy meal
for a
celebration,
meeting,
or
just for you
to indulge?

Ask us now!
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