

THE PLATO

M E N U

Continental Breakfast

Toast, Bacon/Sausages, Eggs, Potatoes (roast or saladised) and mushrooms.

470.00

Plato Breakfast Platter

470.00

(2 sausages, eggs done to your liking, grilled tomato, 2 slices of arrowroots, cup of African mix tea, mini mandazi)

BREAKFAST SNACKS

Andazi

50.00

Vegetable samosa

50.00

Doughnuts (chocolate and vanilla coated)

75.00

Marble Cake

100.00

Pancakes (lemon flavoured per pair)

150.00

Beef Samosa (a pair)

150.00

PLATO DELIGHT

Sweet potatoes (per portion)110Boiled maize (per portion)50Arrow roots (per portion)

110.00

Sausages

Beef sausage

50.00

Chicken sausage

80.00

Eggs Fried eggs (2 eggs, fried to perfection)

130.00

Scrambled eggs (2 eggs, scrabbled with milk and butter)

130.00

Sunnyside up (2 eggs, Plato style)

130.00

SOUPS AND SALAD

Chef's soup of the day and salad220(Cream of tomato soup served with bread croutons and freshly Plato baked rolls) Or (Ginger flavored beef broth)

220.00

Salads Fresh garden salad of the day

MAIN MEAL

Kienyeji Chicken

450.00

Y4 Oven roasted chicken (broiler)

(marinated in rosemary garlic light soy and lemon juice)

Y4 Stewed kienyeji chicken

450.00

(stewed chicken in fresh tomato sauce flavored in garlic, ginger and dhania)

Y4 chemsha chicken

500.00

(kienyeji braised chicken in cilantro, ginger and garlic flavors)

GOAT AND BEEF

Wet fried goat(goat cubes, onions, fresh herbs, ginger and garlic and tomato)

400.00

Plato Special Beef(grilled prime beef steaks, served either grilled or in plato mild sauce)

400.00

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LIGHT OPTIONS FISH FINGERS

(Bread crumbed fish sticks lemon flavored,
Served with sauce tartar and fries)

450.00

BUFFALO WINGS

(Chicken wings coated in a flavor full breadcrumb
and fried, potato wedges and coleslaw)

450.00

GRILLED DRUMSTICKS

(marinated with fresh herbs and grilled,
served with French fries and coleslaw salad)

450.00

FRIED LIVER

(served with ugali and choice of vegetable)

450.00

DRY FRIED MATUMBO

(served with kachumbari and accomplishments)

400.00

BEEF BURGER

(Beef mince, fresh ginger, garlic, onion, black peppercorn
and salt, served with coleslaw and fries)

550.00

PAN GRILLED TILAPIA FILLET

(served with tartar sauce and accompanied by
potato's wedges fresh garden salad)

630.00

FISH WHOLE FRIED TILAPIA FISH

(served with ugali, lemon wedge and kachumbari)

700.00

THE PLATO

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CHEMSHA TILAPIA

(in garlic, onion and coriander))

700.00

WET FRIED TILAPIA

(fresh fried tilapia in fresh tomato sauce)

750.00

THE PLATO PLATTERS DUO VEGETARIAN PLATTER

(stewed green grams, curried vegetables, steamed rice, choice of chapatti or fresh garden salad)

450.00

GRILLED PLATTER

(Grilled fillet of tilapia, 2 beef ske chicken)

1800.00

ACCOMPANIMENTS

Ugali brown or white

70.00

Chapati

80.00

Potato wedges

150.00

Pilau rice

130.00

Steamed rice

180.00

Mangu

100.00

Kunde

100.00

Velvet spinach

100.00

Braised cabbage

100.00

Fruits(with a scope of ice cream)

250.00

