



SCOUTS
for **SDGs**



TOWARDS A
SUSTAINABLE
TOMORROW

A
MESSENGERS OF PEACE initiative by
The Bharat Scouts and Guides
Karnataka

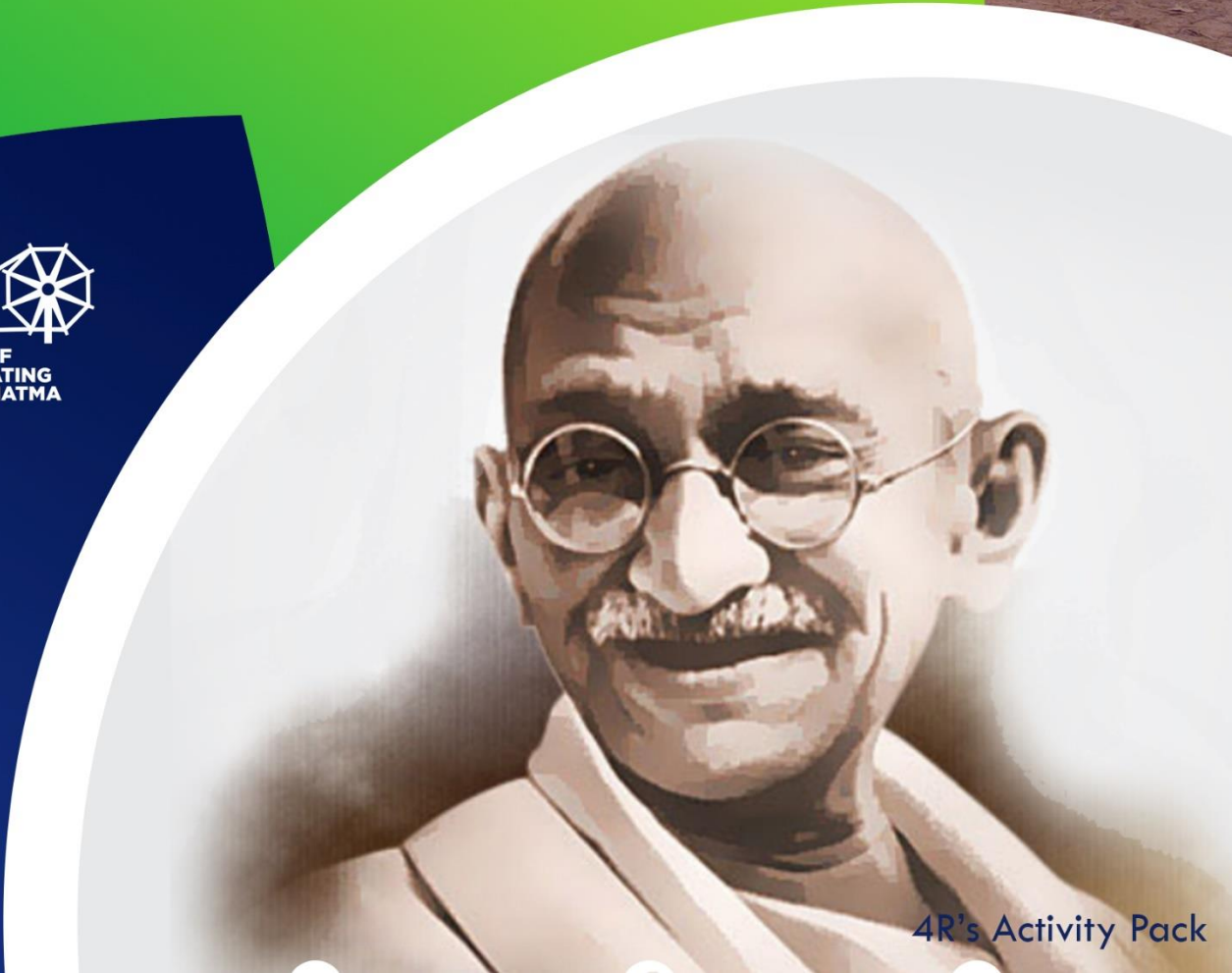
**ACTIVITY
PACK**





“You must **BE THE CHANGE**
you **WISH TO SEE** in the world”

- Mahatma Gandhi



Towards a Sustainable Tomorrow...



Inside the Pack

Background

4R's
Refuse, Reduce, Reuse, Recycle

Activity 01
Scouting Bookathon

Activity 02
Cloth Bank

Activity 03
Single-Use Plastics

Activity 04
E-Waste

Contributing to the Earth Tribe & SDGs





Background

By growing awareness and gaining an understanding of the environmental impacts we have on our planet, we can be better informed of where and how to act. A lack of awareness and responsibility has all added up to polluted land, sea and air. From a lack of consideration of the environment in the way we manage waste to mass-producing throw-away items to keep up with demand. Thankfully things are changing and understanding the importance of the 4R's can certainly help us inform our choices.

By increasing our sustainability in the home and better managing our waste we can all make a concerted difference. Especially if we are to all play a role in helping keep our oceans free from plastic waste and reducing our consumption of needless items that can pollute our environment once disposed of.

The 4R's make for a simple yet effective way to help us consider the items that we buy, use and dispose of. When we choose to stop and think about each of the 4R's it helps us to consider a number of important aspects related to our consumption. From what we buy, to how we can reduce, to what can be reused and how we eventually get rid of it.

If we are to make a difference to the environment then now is the time to identify the importance of the 4R's.

REFUSE

This means a safe and eco-friendly alternative should be used in place of a thing. For example, using a clothing bag instead of a polythene bag. We all have the right to make a choice and refuse wasteful and polluting products. For too long, we have been buying products that have been packaged in a way that can cause environmental harm once we dispose of the plastic wraps, boxes and cartons.

REDUCE

This means to use the environmental resources in a sustainable way and prevent the wastage. For example, using a bucket full of water instead of a shower while bathing. If we really want to reduce waste then we should think about how we can make that happen. If want to use less waste then we need to purchase less. This requires consumers to be more mindful when they do make a purchase. For decades we have lived in a throw-away society. Instead of repairing items, we throw them away and replace them. There are many ways that we can reduce and that can help to significantly reduce waste.

REUSE

This means we can use the same thing many times. For example, using a Steel Glass instead of Paper Glass and Cups for different purposes. Reducing waste is not just about reducing what you purchase. It is about considering what you can reuse. This essentially means not putting it in the waste but using it for another purpose. When we stop to think about the waste we generate and how we could reuse a lot of what we buy, it is clear to see the difference we can make.

RECYCLE

This means things are processed and may get converted into some other product so that they can be used again. For example, paper is recycled. When it comes to waste management, recycling items is the final option and the final R as we look at the importance of the 4R's. Instead of throwing away clothes, you can donate them to charity. Do make sure that you sort and clean all items before recycling to increase the likelihood they actually do in fact get recycled.





Activity 01

SCOUTING BOOKATHON

Background

Remember the days of our fathers and fore fathers, they used to make a Good Working Notebook with the unused books. Today we buy new Note Books at the end of the year, even though the notebook would have few blank pages left.

While most of us have the privilege to start off with a new notebook, many of us in the Country have no access to these new Books and Also in the Days to Come Mother Earth will not be able to Supply us the Paper.

To address this Issue, The Bharat Scouts and Guides Karnataka has initiated the Project #Scoutsgivebackpaper — to recycle the blank pages of the unused Notebook, It involves collecting blank pages left in notebooks from schools, students and separate unused papers from them, binding them together and making new books. Thus, we are creating awareness about the importance of reusing unused papers among the young people and the community and helping nature and also ensure we prepare the Refurbished Note books.



How it Works

- The Young People in Will Collect the Blank Sheets from the unused Books from their Home and Neighbourhood.
- Rebind the Blank Pages.
- Use the Refurbished or distribute the Refurbished Note books.

OR

- Upload the details here:
<http://bit.ly/4RsSubmissionForm>
- The SHQ will inform how to collect from you
- Upload your activity on scout.org
- The SHQ will bind and distribute the Refurbished Note books.

Tap or Scan here



#ScoutsGiveBackPaper   

4R's Activity Pack





Activity 02

CLOTH BANK

Background

Many people just throw their old clothes away. Old pair of jeans which one no longer fits in, an ancient sweater with some wool pulled off, a ragged t-shirt and all such clothing we abandon and move up to the latest fashion. You might want to donate, but the problem is how to find people who need such clothes?

The basic objective of this Cloth bank is simple – it collects clothes from people who no longer need them, and distributes these clothes to the needy. And also Refurbishes and put it on use. It's a brilliant idea and leaves one wondering as to why such an idea was not already implemented.

The cloth bank would be good for donors as well because while disposing their old clothes they would be doing charity by ensuring that these clothes reach the needy and poor people free of cost.

How it Works

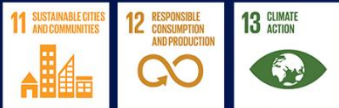
- The Young People in Will collect the Clothes from the unused or most used clothes from their home and neighbourhoods.
 - Restitch the clothes
 - Use the Refurbished or distribute the Refurbished clothes
- OR
- Upload the details here:
<http://bit.ly/4RsSubmissionForm>
 - The SHQ will inform how to collect from you
 - Upload your activity on scout.org
 - The SHQ will refurbish the clothes.

Tap or Scan here



#ScoutsRecycleGarments   

4R's Activity Pack





Activity 03

SINGLE-USE PLASTICS

Background

According to one of the researchers, the following is the estimated time for some everyday items to decompose in landfills.

Plastic Bottle: 70-450 years, plastic bag: 500-1000 years, Tin Can: around 50 years, Milk packet: 5 years, Sanitary napkins and children diapers: 500-800 years.

Understanding the different types of plastics and how long they remain on the Earth or in seas.

Make a survey of Single-Use plastics at your home within your family members and inspire them to take a pledge to GiveUp atleast one single use plastic.

How it Works

- The Young People will collect all the single use plastics like plastic cups, covers, milk sachets from their homes and neighbourhoods.
 - Send the single use plastics to the Local District Pollution Control Board.
- OR
- The Young People will collect all the single use plastics like plastic cups, covers, milk sachets from their homes and neighbourhoods.
 - Upload the details here:
<http://bit.ly/4RsSubmissionForm>
 - Upload your actions on www.scout.org
 - Visit tide-turners.org

Tap or Scan here



#ScoutsGiveUp
#ScoutsBeatPlasticPollution



4R's Activity Pack





Activity 04

E-WASTE

Background

E-waste or electronic waste is created when an electronic product is discarded after the end of its useful life. The rapid expansion of technology and the consumption driven society results in the creation of a very large amount of e-waste in every minute.

The basic objective of this eWaste is simple – it collects the used e-waste or the malfunctioned electronic/electrical devices from people who no longer need them, and distributes these devices to the recycling centre. And also Refurbishes and Put on Second Sale. It's a brilliant idea and leaves one wondering as to why such an idea was not already implemented. The E-Waste would be good for donors as well because while disposing their devices they would be doing charity by ensuring that these devices reach the recycling centres free of cost.

How it Works

- The Young People will collect all the e-waste like batteries, chargers, remotes, phones from their homes and neighbourhoods.

- Send the e-waste to the Local District Pollution Control Board.

OR

- The Young People will collect all the e-waste like batteries, chargers, remotes, phones from their homes and neighbourhoods.

- Upload the details here:

<http://bit.ly/4RsSubmissionForm>

- The SHQ will inform how to collect from you

- Upload your activity on scout.org

Tap or Scan here



#ScoutsBeatEPollution   

4R's Activity Pack





earthtribe®

A Global Community for Nature

Our world is changing at a remarkable pace. The essence of all life on earth, nature, is under enormous threat. We are witnessing irregular weather patterns, increased natural disasters, rising consumption habits, and loss of natural habitat and species. The Earth Tribe unites young people in a global community to become champions for preserving and protecting our planet.

EARTH TRIBE CHALLENGES

Champions for Nature Challenge

Become a champion for nature and biodiversity by developing sustainable habits for an eco-friendly and healthy lifestyle.

Tide Turners Plastic Challenge

Build healthier and more resilient oceans, lakes and lands by understanding how pollution affects every corner of the world.

Scouts Go Solar Challenge

Discover the power of the sun and learn about how energy and the climate are interconnected.



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earthtribe.scout.org

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